Collective Curriculum Vita for Yoga,
College Student Health, Self-Care, and Integrative Treatment
by the YogaX Team

Publications


well-being, and potential mechanisms of action. *Journal of Evidence-Based Complementary & Alternative Medicine.* 2156587216684999.


Books and Book Chapters


**Professional Presentations**


Colgan, D., & Christopher, M. (2018, November). *Adherence to informal, but not formal, mindfulness practice correlates with resilience and team cohesion among interdisciplinary primary care teams.* Oral Presentation in In L. Ribeiro & D. Colgan. (Co-Chairs) at the Mind and Life International Symposium on Contemplative Studies; Phoenix, AZ.


**Community Presentations**


Brems, C. (2009, September). *Nutritional principles and research findings relevant to mental health care providers.* Presentation for the staff of the Center for Behavioral Health Research and Services and the psychology doctoral students and faculty at the University of Alaska Anchorage and the University of Alaska Fairbanks, Anchorage, Alaska.


Brems, C. (2016, April). *We can win – support for individuals experiencing cancer.* Presentation to cancer patients, caretakers, and care providers for Taking Care Portland, Portland, OR.


Colgan, D. (2017, November). *To see with discernment: Cultivating a path toward resilience.* Invited facilitation of a weekend Annual Retreat for The Portland Clinic Medical Group with 100 physicians. Portland, OR.


Justice, L. (2018, May). *How mindfulness and compassion can help prevent burnout and increase resiliency.* Behavioral Health Presentation for Campus Health Services, Northern Arizona University, Flagstaff, AZ.

Justice, L. (2018, June). *Trauma-informed care.* Behavioral Health Presentation for Campus Health Services, Northern Arizona University, Flagstaff, AZ.

Justice, L. (2018, July). *Yoga Therapy: Theory, Research, and Practice.* Didactic presentation for Counseling Services within Campus Health Services, Northern Arizona University, Flagstaff, AZ.

Miller S., Alire E. (2017, April). *Conversion Disorder.* Oral presentation at the National University of Naturopathic Medicine (NUNM), Portland, OR.


Vladagina, N., (2017, October). *Interactive introduction to yoga.* Presented to staff and clients at Cascadia Behavioral Healthcare’s Hope Center (Psychiatric Security Review Board treatment program), Portland OR.

Dissertations


