

# LEARN TO LEAD FROM YOUR HIGHER SELF

EXPLORE MORE DEEPLY THE  
INNATE TOOLS FOR LEADERSHIP  
YOU ALREADY HAVE INSIDE OF  
YOU. YOU'LL LEAVE WITH NEW  
WAYS TO ELEVATE THE  
CONSCIOUSNESS OF YOUR  
LEADERSHIP AND YOUR LIFE

EACH CLASS INCLUDES A  
PHILOSOPHY AND PRACTICES  
TALK BEFORE A FULL YOGA  
PRACTICE AND COMMUNITY  
CONNECTION.

## YOGA FOR CONSCIOUS LEADERS

Register at [www.thecentersf.com](http://www.thecentersf.com)



THE CENTER SF



ATLAS